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*Honest liars -- the psychology of self-deception: Courtney Warren at TEDxUNLV CARTA: Mortality: The Evolution of Mortality Denial; Mortality Denial and Terror Management; Suicide 198 Self Deception \u0026 Denial Reality Recovery \u0026 Change Warren Cogito Self*

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~~Deception CARTA: Awareness of Mortality: Mind Over Reality Transition: Evolution of Human Mortality Denial The Bias Within: False Beliefs about Bodies and Minds~~ What is Self-Deception | Explained in 2 min  
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How To Know Yourself

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How To Deal With Depression - Tactics That Work Immediately Mindscape 108 | Carl Bergstrom on Information, Disinformation, and Bullshit Dr. Jason D'Cruz, "How is it Possible to Deceive Yourself?" **30 cognitive biases \u0026 psychological misjudgments - part 1 (Do YOU Know thyself?)** *Relapse and Recovery: Being Sober is More than Just not Drinking and Drugging Session 2 - Out of Control?* ~~Developing a sense of self by Bruce Hood~~ ~~The YTL Centre Annual Lecture 2020: Miranda Friecker~~ **Critical Theory Part 13: Nietzsche and Reason 4**

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satisfy important psychological needs of the individual (e. g.,...

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The Many Ways We Lie to Ourselves | Psychology Today

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The history of science abounds with momentous theories that disrupted conventional wisdom and yet were eventually proven true. Ajit Varki

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and Danny Brower's "Mind over Reality" theory is poised to be one such idea—a concept that runs counter to commonly-held notions about human evolution but that may hold the key to understanding why humans evolved as we did, leaving all other related species far behind. At a chance meeting in 2005, Brower, a geneticist, posed an unusual idea to Varki that he believed could explain the origins of human uniqueness among the world's species: Why is there no humanlike elephant or humanlike dolphin, despite millions of years of evolutionary opportunity? Why is it that humans alone can understand the minds of others? Haunted by their encounter, Varki tried years later to contact Brower only to discover that he had died unexpectedly. Inspired by an incomplete manuscript Brower left behind, Denial presents a radical new theory on the origins of our species. It was not, the authors argue, a biological leap that set humanity apart from other species, but a psychological one: namely, the uniquely human ability to deny reality in the face of inarguable evidence—including the willful ignorance of our own inevitable deaths. The awareness of our own mortality could have caused anxieties that resulted in our avoiding the risks of competing to procreate—an evolutionary dead-end. Humans therefore needed to evolve a mechanism for overcoming this hurdle: the denial of reality. As a consequence of this evolutionary quirk we now deny any aspects of reality that are not to our liking—we smoke



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cigarettes, eat unhealthy foods, and avoid exercise, knowing these habits are a prescription for an early death. And so what has worked to establish our species could be our undoing if we continue to deny the consequences of unrealistic approaches to everything from personal health to financial risk-taking to climate change. On the other hand reality-denial affords us many valuable attributes, such as optimism, confidence, and courage in the face of long odds. Presented in homage to Brower's original thinking, Denial offers a powerful warning about the dangers inherent in our remarkable ability to ignore reality—a gift that will either lead to our downfall, or continue to be our greatest asset.

People believe what they want to believe. It is a striking-yet all too familiar-fact about human beings that our belief-forming processes can be so distorted by fears, desires, and prejudices that an otherwise sensible person may sincerely uphold a false claim about the world despite overwhelming evidence to the contrary. When we describe someone as being "in denial," we mean that he or she is personally threatened by some set of facts and consequently fails to assess the situation properly according to the evidence, instead arguing and interpreting evidence in light of a pre-established conclusion. In a world polarized over politics, culture, race, and religion, it is

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evident that ideological commitments can influence one's perception of reality in socially destructive ways, especially when one perceives a threat to these commitments. When group interests, creeds, or dogmas are threatened by unwelcome factual information, biased thinking can become ideological denialism. This is a problem that affects everybody: Whereas denial can interfere with individual well-being, ideological denialism can stand in the way of urgent advancements in public policy. This book offers an accessible, historically and scientifically informed overview of our understanding of denial and denialism. Adrian Bardon introduces the reader to the latest developments in the interdisciplinary study of denial, and then investigates the role of human psychology and ideology in, respectively, science denial, economic policy, and religious belief.

Describes why humans are able to deny reality and ignore their own inevitable deaths to the detriment of the entire species and what might be done to change this mindset.

From the Pulitzer Prize-winning journalist and author of *Why We Make Mistakes*, an illuminating exploration of human beings' astonishing ability to deceive themselves. To one degree or another, we all misjudge reality. Our perception—of ourselves and the world around

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us—is much more malleable than we realize. This self-deception influences every major aspect of our personal and social life, including relationships, sex, politics, careers, and health. In *Kidding Ourselves*, Joseph Hallinan offers a nuts-and-bolts look at how this penchant shapes our everyday lives, from the medicines we take to the decisions we make. It shows, for instance, just how much the power of many modern medicines, particularly anti-depressants and painkillers, is largely in our heads. Placebos in modern-day life extend beyond hospitals, to fake thermostats and “elevator close” buttons that don’t really work...but give the perception that they do. *Kidding Ourselves* brings together a variety of subjects, linking seemingly unrelated ideas in fascinating and unexpected ways. And ultimately, it shows that deceiving ourselves is not always negative or foolish. As increasing numbers of researchers are discovering, it can be incredibly useful, providing us with the resilience we need to persevere, in the boardroom, bedroom, and beyond. Provocative, accessible, and easily applicable to multiple facets of everyday life, *Kidding Ourselves* is an extraordinary new exploration of our mind’s flexibility.

Explores the author's theorized evolutionary basis for self-deception, which he says is tied to group conflict, courtship, neurophysiology,

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and immunology, but can be negated by awareness of it and its results.

A penetrating analysis of the dark corners of human deception, enlivened by intriguing case histories and experiments.

This edition tackles the issue of self-deception and provides methodologies to help people overcome it.

The phenomenon of confabulation—the tendency to construct plausible-sounding but false answers and believe that they are true—and what it can tell us about the human mind and human nature.

The latest volume in this multidisciplinary series on key topics in evolutionary studies, *Evolutionary Perspectives on Death* provides an evolutionary analysis of mortality and the consideration of death. Bringing together noted experts from a variety of fields, the books emanate from conferences held at Oakland University, and are dedicated to providing wide ranging and occasionally provocative views of human evolution. The volume on death covers topics from biology, anthropology, psychology, sociology and philosophy, with contributors addressing how evolution informs the process of comprehending, grieving, depicting, celebrating, and accepting death. Among the

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topics covered: Evolutionary perspectives on the loss of a twin  
Nonhuman primate responses to death Death in literature Witnessing and representing the death of pets The role of human decomposition facilities in shaping American perspectives on death This insightful volume showcases groundbreaking empirical and theoretical research addressing death and mortality from an evolutionary perspective, demonstrating the intellectual value of an interdisciplinary approach to understanding psychological processes and behavior. Chapter 6 of this book is available open access under a CC BY 4.0 license at [link.springer.com](http://link.springer.com).

Self-deception poses longstanding and fascinating paradoxes. Philosophers have questioned whether, and how, self-deception is even possible; evolutionary theorists have debated whether it is adaptive. For Sigmund Freud self-deception was a fundamental key to understanding the unconscious, and from The Bible to The Great Gatsby literature abounds with characters renowned for their self-deception. But what exactly is self-deception? Why is it so puzzling? How is it performed? And is it harmful? In this thorough and clearly written introduction to the philosophy and psychology of self-deception, Eric Funkhouser examines and assesses these questions and more:  
Clarification of the conceptual background and "Basic problem" of self-

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deception, including Freud and Davidson and the important debate between intentionalists and motivationalists Deflationary accounts that appeal to cognitive and motivational biases, with emphasis on how motives and emotions drive self-deception Intentional self-deception and the "divided mind," including the role of the unconscious in recent psychological research Challenges that self-deception poses for philosophy of mind and psychology, especially for our understanding of intention, belief, and deception Biology and moral psychology of self-deception: Is self-deception functional or beneficial? Are the self-deceived to be held accountable? Combining philosophical analysis with the latest psychological research, and including features such as chapter summaries, annotated recommended reading and a glossary, Self-Deception is an excellent resource for students of philosophy of mind and psychology, moral psychology and ethics, as well as those in related fields such as psychology and cognitive science.

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