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Depression: Women's Stories of ...

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Depression is a poignant tale of 20 women's journeys through postpartum depression and the growth that they experienced as a result. These women

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described severe suffering as they had been taken completely by surprise by their depression.

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These women not only survived their ordeal, but emerged stronger than they were before. Transformed by

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Postpartum Depression is a deeply rich, compelling journey. These women creatively engaged and transcended their “diagnosis,” truly transforming themselves, their relationships, and their lives finding self-empowerment within their personal creative journeys of healing.

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Trauma and Growth consistently

engages the reader with the poignant

and inspiring stories of 20 women, as

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well as with the intriguing insights of the author and four experts in the field. The moving narratives and cogent analysis effectively describe the women's experience of postpartum depression as traumatic and the transformation of their suffering into growth.

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Postpartum Depression: Women ...

The researchers found that the symptoms in these groups of women persisted all throughout the three-year study. The CDC provides that postpartum depression may occur up

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to a year after childbirth ...

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Mothers may face postpartum
depression for up to three ...

It's estimated that between 70% and 80% of new parents experience low moods after giving birth. This can range from baby blues to more severe

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Depression: Women's Stories of...

THURSDAY, Oct. 29, 2020

(HealthDay News) -- Many women have depression symptoms after giving birth, but for some postpartum depression hangs on for years, a U.S. government study finds. Of nearly...

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For Some, Postpartum Depression
Lingers for Years

The rest of the women experienced low levels of depression throughout the three-year span. ... broad population to provide more inclusive data on postpartum depression, Dr Putnick said. (ANI) Tags.

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Study finds postpartum depression
may persist three years ...

Jan. 12, 2017 — Depression is very common during pregnancy, with as many as one in seven women suffering from the illness and more than a half million women impacted by

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Postpartum depression may persist
three years after giving ...

Her work is bold, soulful, and
transformative. Her first book,
“Transformed by Postpartum
Depression: Women’s Stories of

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Trauma and Growth” (Praelclarus, 2015), was based on her grounded theory study of the transformative nature of perinatal mood and anxiety disorders. The second edition of this book will be published in Fall, 2020.

Author, "Transformed by Postpartum

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Depression Women's Stories ...

Postpartum depression is a very real and common condition in new mothers but also ignored by most, especially in our country. Now, new research suggests its effects could be far more long-lasting than previously assumed.

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Postpartum Depression May Last Up to Three Years, Study Finds

Postpartum depression may persist three years after giving birth NIH study suggests women with mood disorders,

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higher risk

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